

## Ashtanga Closing Prayer

Om

Svasthi Praja Bhyaha Pari Pala Yantam  
Nya Yena Margena Mahim Mahishaha  
Go Brahmanebhyaha Shubamastu Nityam  
Lokah Samastah Sukhino Bhavantu  
Om Shanti Shanti Shantihi

Translation

Om

May all be well with mankind.  
May the leaders of the earth protect it in every way  
by keeping to the right path.  
May there be goodness for those who know  
the earth to be sacred.  
May all the worlds and all beings be happy.  
Om Peace Peace Peace